



Adventurous Adult Retreat: Living Life to the Fullest

May 15-18, 2023

St. Simons Island, GA



Guest Speaker:

Rev. Keith Elder

Singer, songwriter, retreat leader, Keith has spoken and performed for thirty-plus years in a wide variety of church, conference, and community settings.



Entertainment and Workshop Leader:

Andy Offutt Irwin

One of the most sought after performing storytellers in the United States.



Workshops:

- Adults in Motion Exercise with Kathy Griffin
- Writing Your Legacy with Keith Elder
- Pin the Tail on the Narrative: Storytelling with Andy Irwin

Explore the Golden Isles during your afternoon free time!

Optional Activities for Additional Fee:

- Golf Demo with Scott Turner is free: \$45.00 per person for optional 9 holes at Jekyll Island is optional (PGA Professional since 2002, The Citadel Class of 1998)
- Painting Workshop with Ute Sportcheutz: \$30.00 per person (<https://www.utesart.com/about>)

Additional activities to explore on your own:

- Tour the island at your leisure
- Walk on the beach • Bike Riding
- Shopping in the St. Simons Pier Village
 - St. Simons Lighthouse
- Cooking Exhibition with Aramark
 - Fort Frederica • Therapy Dogs
- Georgia Sea Turtle Center on Jekyll Island
 - Rest and Relax in your room
- Walk the beautiful campus of Epworth by the Sea

Register today: www.EpworthByTheSea.org/events