



# Living Life to the Fullest: An Older Adult Retreat

May 16-19, 2022  
St. Simons Island, GA



**Guest Speaker:**  
**Missy Buchanan**  
a popular author/writer  
and speaker on topics of  
aging and faith.



**Entertainment:**  
**Andy Offutt Irwin**  
One of the most sought  
after performing  
storytellers in the  
United States.



**Workshops:**

- Financial Planning
- Living Their Legacy
- Missy Buchanan
- Life Planning
- Magnolia Manor

***Explore the Golden Isles  
during your afternoon free time!***

**Optional Excursions included in Registration Fee:**

- Dolphin Boat Tour
- Moore Methodist Museum Tour
- St. Simons Island Trolley Tour
- AIM Exercise Class
- Shrimp Boat Tour (Wednesday only)

**Additional activities to explore on your own:**

- Tour the island at your leisure
- Walk on the beach
- Bike Riding
- Shopping in the St. Simons Pier Village
- St. Simons Lighthouse
- Fort Frederica
- Georgia Sea Turtle Center on Jekyll Island
- Rest and Relax in your room
- Walk the beautiful campus of Epworth by the Sea

**Register today: [www.EpworthByTheSea.org/events](http://www.EpworthByTheSea.org/events)**